

brekkie until 12

AÇAÍ BOWL vg & gf - [until 16!](#) **13**
Topped with buckwheat granola, nuts & seeds, fresh fruits & coconut flakes – basically all the good stuff.
Add a spoon of organic peanut butter: + 1

AVO TOAST vg - [until 16!](#) **11.5**
Smashed avocado with dukkha, lemon juice & zest, served on beetroot hummus – best avo toast ever.
Add a poached egg & Parmesan flakes? + 3.5
Add an extra slice with some smashed avo? + 6

CHIA PUDDING vg & gf **9.5**
Made with coconut milk, cinnamon & vanilla. Topped with coconut yogurt, buckwheat granola, hemp seeds, fresh fruits & coconut flakes.
Add a spoon of organic peanut butter: + 1

FLUFFY PANCAKES **14**
Our brekkie best seller: buttermilk pancakes with whipped mascarpone, sliced banana, fresh berries, maple syrup & a magical touch of lime zest.

EGGS BENNY KULA STYLE **12.5**
A poached egg with creamy Hollandaise sauce, smashed avo, spinach & caramelized onions on brioche toast.
Two slices of eggs benny? + 7 | Add veggie bacon: + 2

TURKISH ÇILBIR EGGS **14**
Garlic yoghurt, poached eggs, a drizzle of spiced chili butter & dill. Served with sourdough pita. Pure comfort on a plate.

WARM BANANA BREAD **7.5**
With creamy coconut yogurt, a dash of maple syrup, some red fruits, coconut flakes & hemp seeds.

lunch - *nourishing & comforting* from 12 to 16

SWEET POTATO SOUP vg & gf **8.5**
An energizing & ayurvedic bowl of health made with sweet potatoes, curry herbs & coconut milk.

PEA, MINT & COCO SOUP vg & gf **9**
A vibrant green bowl of goodness made with coconut milk.

YIN & YANG AUBERGINE vg **13.5**
Marinated in miso, served with hummus, roasted chickpeas & some pita bread.

HALOUMI & SQUASH SALAD gf **14.5**
With mint, hazelnuts, spinach, dukkha & micro greens with a honey mustard dressing. Made with love

STICKY TEMPEH BOWL vg & gf **17.5**
A Bali inspired bowl filled with bimi, white coconut rice, smashed avo, peanut sauce & other fresh veggies.

LABNEH LOVE **14**
Creamy & dreamy Middle Eastern yoghurt topped with pine nuts, dates, caramelized onions, fresh mint, za'atar & chili oil. Served with pita bread.

WASABI CRUNCH BURGER **19.5**
Just a really good 'Beyond Meat' burger on a brioche bun with kimchi mayo, cheddar, pickles, tomato & lettuce. Served with French fries.

BIG CHEESY TOASTY **14.5**
With 2 sunny sides up & veggie bacon. Good for hangovers. Just saying!
Vegan cheese: + 1

KIMCHI TOASTY **12**
Melted cheese & kimchi, a golden duo. Spice up your day & dip it in ketchup or mayo. Up to you! *Vegan cheese: +1*

snacks from 12 to 16 (Friday to Sunday until 18!)

- BUFFALO CAULI WINGS** vg & gf **11**
Crunchy, fried & seasoned cauliflower bites with fresh & homemade red bell pepper mayo.
- BITTERBALLEN** vg **9**
Veggie goodness served with mustard, mayo or vegan mayo, your choice!
- GUACAMOLE DIP** vg & gf **12**
Homemade & fresh guacamole with lime juice, jalapeños, tomato salsa and nacho chips to dip!
- COLOURFUL PLATTER** for sharing **17**
A mix of hummus with crudités & pita bread, crispy chickpeas, oven roasted cherry tomatoes, olives & smoked almonds.
- FRENCH FRIES** **6**
Served with normal, truffle (+1) or vegan mayo.
Top it off with Parmesan flakes & truffle mayo? +2
- SWEET POTATO FRIES** **7**
Served with normal, truffle (+1) or vegan mayo.
Top it off with Parmesan flakes & truffle mayo? +2
- PITA BREAD WITH HUMMUS** vg **8.5**
Served with 2 types of hummus: original & beet!
- KALAMATA OLIVES** vg & gf **5.5**
To accompany your drink, a small snack full of flavor.
- ROASTED ALMONDS** vg & gf **4.5**
An almond a day, keeps the doctor away. Right? Or nut. Whatever!

sweets, pies & cakes all day long

- HOMEMADE BANANA BREAD** **4.5**
Ana's secret recipe. A love story.
- CINNAMON ROLLS** ask for availability **5.75**
Don't miss out on them when they're in. A pure treat.
- PECAN CARAMEL FLAPJACK** **4.75**
A slice of heaven.
- LEMON MERENGUE PIE** **5.5**
When life gives you lemons, make...
- RED VELVET PIE** **5.5**
Great for celebrations. Celebrate life, always!
- MARZ BITE** vg & gf - from SUE **4.75**
Chocolate & caramel vibes. Like an actual 'Mars', but healthy.
- FLOWER BITE** vg & gf - from SUE **4.75**
Cheesecake vibes. With real flowers on top, Summer on a plate.
- CARROT CAKE** vg **5.75**
With fresh cream cheese frosting & coconut vibes. Love at first bite.
- DATE & COCO BLISS BALL** vg & gf **2.5**
A perfect, little post-yoga class snack

evening bar bites from 16 to 20.30 (from Sunday to Thursday)

BITTERBALLEN

Veggie goodness served with mustard, mayo or vegan mayo, your choice!

9

PITA WITH HUMMUS vg

Served with 2 types of homemade hummus: original & beet!

8.5

KALAMATA OLIVES vg & gf

To accompany your drink, a small snack full of flavor.

5.5

ROASTED & SMOKED ALMONDS vg & gf

An almond a day, keeps the doctor away. Right? Or nut. Whatever!

4.5

SALTY POPCORN vg & gf

Great with a beer or kombucha. Just saying.

3

pre-yoga dinner from 16 to 20.30 (from Sunday to Thursday)

RED LENTIL SOUP vg & gf

An energizing & ayurvedic bowl of health made with sweet potatoes, curry herbs & coconut milk.

8.5

THAI PUMPKIN SOUP vg & gf

A warming bowl of goodness made with lemongrass, kaffir lime leaves, chili flakes & coconut cream.

9



take-away

Good to know: our complete menu can be ordered for take-away! Just pass by or give us a call for a pick-up at 010 - 310 79 53 to place your order.

allergy info

vg = vegan

gf = gluten free (may contain traces)

Gluten free bread? +2 (15 min. extra waiting time)

group reservations

We take reservations as from 6+ people with special group menus! In case you're interested, please send us an email at hello@kula.nl & we'll make the magic happen & provide you with more info.

juices & shots

Fresh Ginger Shot	3.5
Fresh coconut Water (520 ml)	6.75
Chocolate Protein Smoothie	6
<i>Cacao, peanut butter, hemp seeds & coco yoghurt</i>	
Very Berry Smoothie	6
<i>Berries, banana, orange, ginger, oats & almond milk</i>	
Beet It Juice cold pressed	6
<i>Beet, carrot, lemon, ginger and apple</i>	
Super Green Juice cold pressed	6
<i>Spinach, apple, ginger, lemon, celery & cucumber</i>	
Apple Juice organic	3.3
Fresh Orange Juice	4.5

coffee

Americano	3.8
Espresso	3.2
Double Espresso	3.8
Cappuccino	4
Flat White	4.3
Latte	4.2
Latte Macchiato	4.4
Iced Coffee	3.8
Iced Latte	4.2

Extra shot: + 1

We use organic cow's milk. Plant based milk: + 0.4
our options are oat, pea & coconut milk

tea

Fresh Ginger or Mint Tea	4.3
Warming Winter tea	3.9
Yogi Tea & Clipper	3.6
<i>Choose a flavor from the box, we've got many!</i>	

special drinks

Hot Chocolate vg	4
<i>Whipped cream: + 0.5 vg</i>	
Pumpkin Spiced Latte	5
Chai Latte/ Matcha / Golden Latte	4.7
<i>We use ceremonial grade matcha provided by 22.Matcha.</i>	
Babycino	2

soft drinks

Coca Cola / Cola Zero	3.8
Yaya Kombucha – Ginger / Yuzu	6.25
Charitea Green Ice Tea	4.5
Bundaberg Ginger Beer	5
Spicy Mango Soda	4.75
Passion Fruit Soda	4.75
Fever Tree Tonic	4
Good Jamu <i>tropical turmeric soda</i>	5.5

mix drinks

Mimosa – Cava with Fresh Orange Juice	8.5
Bobby's – Gin & Tonic	10
Aperol Spritz / Elderflower Spritz cocktails	9.5
Seedlip – Gin & Tonic alcohol free	9
Apple Chai Soda alcohol free	7

wine

all wines are vegan & organic

Rosé – Neleman 'Tempranillo Rosé'	6.75
<i>Bottle price: 33</i>	
White – Neleman 'Macabeo & Sauvignon'	6
<i>Bottle price: 29</i>	
White – Neleman 'Just a fucking good wine'	7.5
<i>Bottle price: 36</i>	
Red – Neleman 'Tempranillo Monastrell'	6
<i>Bottle price: 29</i>	
Red – Neleman 'Just a fucking good wine'	7.5
<i>Bottle price: 36</i>	
Cava – Neleman 'Brut'	6.75
<i>Bottle price: 33</i>	

beer

bottled beer

Lowlander Earth Lager	4
Lowlander IPA 0.3%	5
Oedipus – 'Strip' white beer	6
Oedipus – 'Thai Thai' triple	6

Oedipus – 'Mannenliefde' **saïson**

6

Oedipus – 'Gaia' **IPA**

6