



Kula<sup>®</sup>

MENU

## brekkie until 12

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**AÇAÍ BOWL** vg & gf - [until 16!](#) **13**  
Topped with buckwheat granola, nuts & seeds, fresh fruits & coconut flakes – basically all the good stuff.  
*Add a spoon of organic peanut butter: + 1*

**AVO TOAST** vg - [until 16!](#) **11.5**  
Smashed avocado with dukkha, lemon juice & zest, served on beetroot hummus – best avo toast ever.  
*Add a poached egg & Parmesan flakes? + 3.5*  
*Add an extra slice with some smashed avo? + 6*

**CHIA PUDDING** vg & gf **9.5**  
Made with coconut milk, cinnamon & vanilla. Topped with coconut yogurt, buckwheat granola, hemp seeds, fresh fruits & coconut flakes.  
*Add a spoon of organic peanut butter: + 1*

**FLUFFY PANCAKES** **14**  
Our brekkie best seller: buttermilk pancakes with whipped mascarpone, sliced banana, fresh berries, maple syrup & a magical touch of lime zest.

**EGGS BENNY KULA STYLE** **12.5**  
A poached egg with creamy Hollandaise sauce, smashed avo, spinach & caramelized onions on brioche toast.  
*Two slices of eggs benny? + 7 | Add veggie bacon: + 2*

**WARMING OATS** vg **12**  
Warm oatmeal with caramelized pear, blueberries, roasted hazelnuts and a cream of cashew with a touch of coffee.

**WARM BANANA BREAD** **7.5**  
With creamy coconut yogurt, a dash of maple syrup, some red fruits, coconut flakes & hemp seeds.

## lunch - *nourishing & comforting* from 12 to 16

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**RED LENTIL SOUP** vg & gf **8.5**  
An energizing & ayurvedic bowl of health made with sweet potatoes, curry herbs & coconut milk.

**THAI PUMPKIN SOUP** vg & gf **9**  
A warming bowl of goodness made with lemongrass, kaffir lime leaves, chili flakes & coconut cream.

**YIN & YANG AUBERGINE** vg **13.5**  
Marinated in miso, served with hummus, roasted chickpeas & some pita bread.

**HALOUMI & SQUASH SALAD** gf **14.5**  
With mint, hazelnuts, spinach, dukkha & micro greens with a honey mustard dressing. Made with love

**STICKY TEMPEH BOWL** vg & gf **17.5**  
A Bali inspired bowl filled with bimi, white coconut rice, smashed avo, peanut sauce & other fresh veggies.

**LABNEH LOVE** **14**  
Creamy & dreamy Middle Eastern yoghurt topped with pine nuts, dates, caramelized onions, fresh mint, za'atar & chili oil. Served with pita bread.

**WASABI CRUNCH BURGER** **19.5**  
Just a really good 'Beyond Meat' burger on a brioche bun with kimchi mayo, cheddar, pickles, tomato & lettuce. Served with French fries.

**BIG CHEESY TOASTY** **14.5**  
With 2 sunny sides up & veggie bacon. Good for hangovers. Just saying!  
*Vegan cheese: + 1*

**KIMCHI TOASTY** **12**  
Melted cheese & kimchi, a golden duo. Spice up your day & dip it in ketchup or mayo. Up to you! *Vegan cheese: +1*

## snacks from 12 to 16 (Friday to Sunday until 17!)

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- BUFFALO CAULI WINGS** vg & gf **11**  
Crunchy, fried & seasoned cauliflower bites with fresh & homemade red bell pepper mayo.
- BITTERBALLEN** vg **9**  
Veggie goodness served with mustard, mayo or vegan mayo, your choice!
- GUACAMOLE DIP** vg & gf **12**  
Homemade & fresh guacamole with lime juice, jalapeños, tomato salsa and nacho chips to dip!
- COLOURFUL PLATTER** for sharing **17**  
A mix of hummus with crudités & pita bread, crispy chickpeas, oven roasted cherry tomatoes, olives & smoked almonds.
- FRENCH FRIES** **6**  
Served with normal, truffle (+1) or vegan mayo.  
*Top it off with Parmesan flakes & truffle mayo? +2*
- SWEET POTATO FRIES** **7**  
Served with normal, truffle (+1) or vegan mayo.  
*Top it off with Parmesan flakes & truffle mayo? +2*
- PITA BREAD WITH HUMMUS** vg **8.5**  
Served with 2 types of hummus: original & beet!
- KALAMATA OLIVES** vg & gf **5.5**  
To accompany your drink, a small snack full of flavor.
- ROASTED ALMONDS** vg & gf **4.5**  
An almond a day, keeps the doctor away. Right? Or nut. Whatever!

## sweets, pies & cakes all day long

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- HOMEMADE BANANA BREAD** **4.5**  
Ana's secret recipe. A love story.
- CINNAMON ROLLS** ask for availability **5.75**  
Don't miss out on them when they're in. A pure treat.
- PECAN CARAMEL FLAPJACK** **4.75**  
A slice of heaven.
- LEMON MERENGUE PIE** **5.5**  
When life gives you lemons, make...
- RED VELVET PIE** **5.5**  
Great for celebrations. Celebrate life, always!
- MARZ BITE** vg & gf - from SUE **4.75**  
Chocolate & caramel vibes. Like an actual 'Mars', but healthy.
- FLOWER BITE** vg & gf - from SUE **4.75**  
Cheesecake vibes. With real flowers on top, Summer on a plate.
- CARROT CAKE** vg **5.75**  
With fresh cream cheese frosting & coconut vibes. Love at first bite.
- DATE & COCO BLISS BALL** vg & gf **2.5**  
A perfect, little post-yoga class snack

## evening bar bites from 16 to 20.30 (from Sunday to Thursday)

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### BITTERBALLEN

Veggie goodness served with mustard, mayo or vegan mayo, your choice!

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### PITA WITH HUMMUS vg

Served with 2 types of homemade hummus: original & beet!

8.5

### KALAMATA OLIVES vg & gf

To accompany your drink, a small snack full of flavor.

5.5

### ROASTED & SMOKED ALMONDS vg & gf

An almond a day, keeps the doctor away. Right? Or nut. Whatever!

4.5

### SALTY POPCORN vg & gf

Great with a beer or kombucha. Just saying.

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## pre-yoga dinner from 16 to 20.30 (from Sunday to Thursday)

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### RED LENTIL SOUP vg & gf

8.5

An energizing & ayurvedic bowl of health made with sweet potatoes, curry herbs & coconut milk.

### THAI PUMPKIN SOUP vg & gf

9

A warming bowl of goodness made with lemongrass, kaffir lime leaves, chili flakes & coconut cream.



## take-away

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Good to know: our complete menu can be ordered for take-away! Just pass by or give us a call for a pick-up at 010 - 310 79 53 to place your order.

## allergy info

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vg = vegan

gf = gluten free (may contain traces)

*Gluten free bread? +2 (15 min. extra waiting time)*

## group reservations

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We take reservations as from 6+ people with special group menus! In case you're interested, please send us an email at [hello@kula.nl](mailto:hello@kula.nl) & we'll make the magic happen & provide you with more info.

## juices & shots

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Fresh Ginger Shot	<b>3.5</b>
Fresh coconut Water (520 ml)	<b>6.75</b>
Chocolate Protein Smoothie	<b>6</b>
<i>Cacao, peanut butter, hemp seeds &amp; coco yoghurt</i>	
Very Berry Smoothie	<b>6</b>
<i>Berries, banana, orange, ginger, oats &amp; almond milk</i>	
Beet It Juice cold pressed	<b>6</b>
<i>Beet, carrot, lemon, ginger and apple</i>	
Super Green Juice cold pressed	<b>6</b>
<i>Spinach, apple, ginger, lemon, celery &amp; cucumber</i>	
Apple Juice organic	<b>3.3</b>
Fresh Orange Juice	<b>4.5</b>

## coffee

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Americano	<b>3.8</b>
Espresso	<b>3.2</b>
Double Espresso	<b>3.8</b>
Cappuccino	<b>4</b>
Flat White	<b>4.3</b>
Latte	<b>4.2</b>
Latte Macchiato	<b>4.4</b>
Iced Coffee	<b>3.8</b>
Iced Latte	<b>4.2</b>

*Extra shot: + 1*

*We use organic cow's milk. Plant based milk: + 0.4*  
*our options are oat, pea & coconut milk*

## tea

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Fresh Ginger or Mint Tea	<b>4.3</b>
Warming Winter tea	<b>3.9</b>
Yogi Tea & Clipper	<b>3.6</b>
<i>Choose a flavor from the box, we've got many!</i>	

## special drinks

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Hot Chocolate vg	<b>4</b>
<i>Whipped cream: + 0.5 vg</i>	
Pumpkin Spiced Latte	<b>5</b>
Chai Latte/ Matcha / Golden Latte	<b>4.7</b>
<i>We use ceremonial grade matcha provided by 22.Matcha.</i>	
Babycino	<b>2</b>

## soft drinks

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Coca Cola / Cola Zero	<b>3.8</b>
Yaya Kombucha – Ginger / Yuzu	<b>6.25</b>
Charitea Green Ice Tea	<b>4.5</b>
Bundaberg Ginger Beer	<b>5</b>
Spicy Mango Soda	<b>4.75</b>
Passion Fruit Soda	<b>4.75</b>
Fever Tree Tonic	<b>4</b>
Good Jamu tropical turmeric soda	<b>5.5</b>

## mix drinks

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Mimosa – Cava with Fresh Orange Juice	<b>8.5</b>
Bobby's – Gin & Tonic	<b>10</b>
Aperol Spritz / Elderflower Spritz cocktails	<b>9.5</b>
Seedlip – Gin & Tonic alcohol free	<b>9</b>
Apple Chai Soda alcohol free	<b>7</b>

## wine

*all wines are vegan & organic*

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Rosé – Neleman 'Tempranillo Rosé'	<b>6.75</b>
<i>Bottle price: 33</i>	
White – Neleman 'Macabeo & Sauvignon'	<b>6</b>
<i>Bottle price: 29</i>	
White – Neleman 'Just a fucking good wine'	<b>7.5</b>
<i>Bottle price: 36</i>	
Red – Neleman 'Tempranillo Monastrell'	<b>6</b>
<i>Bottle price: 29</i>	
Red – Neleman 'Just a fucking good wine'	<b>7.5</b>
<i>Bottle price: 36</i>	
Cava – Neleman 'Brut'	<b>6.75</b>
<i>Bottle price: 33</i>	

## beer

*bottled beer*

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Lowlander Earth Lager	<b>4</b>
Lowlander IPA 0.3%	<b>5</b>
Oedipus – 'Strip' white beer	<b>6</b>
Oedipus – 'Thai Thai' triple	<b>6</b>
Oedipus – 'Mannenliefde' saison	<b>6</b>
Oedipus – 'Gaia' IPA	<b>6</b>

