

### brekkie until 12

### AÇAI BOWL vg & gf - until 16!

11.5

Topped with buckwheat granola, nuts & seeds, fresh fruits & coconut flakes – basically all the good stuff.

Add a spoon of organic peanut butter: + 1

### AVO TOAST vg - until 16!

9

Smashed avocado with dukkha, lemon juice & zest, served on beetroot hummus – best avo toast ever.

Add a poached egg & Parmesan flakes? + 2 Add an extra slice with some smashed avo? + 5

### CHIA PUDDING vg & gf

7.5

Made with coconut milk, cinnamon & vanilla. Topped with coconut yogurt, buckwheat granola, hemp seeds, fresh fruits & coconut flakes.

Add a spoon of organic peanut butter: +1

### **FLUFFY PANCAKES**

-1

Our brekkie best seller: buttermilk pancakes with whipped mascarpone, sliced banana, fresh berries, maple syrup & a magical touch of lime zest.

### PEANUT BUTTER TOAST vg

8

With sliced banana, coconut flakes, hemp seeds & crunched peanuts on top. *Two slices of peanut butter toast? + 6* 

### EGGS BENNY KULA STYLE

-10

A poached egg with creamy Hollandaise sauce, smashed avo, spinach & caramelized onions on brioche toast.

Two slices of eggs benny? + 7 | Add veggie bacon: + 2

#### WARM BANANA BREAD vg

7.5

With creamy coconut yogurt, a dash of maple syrup, some red fruits, coconut flakes & hemp seeds.

## Unch - nourishing & comforting from 12 to 16

### SWEET POTATO SOUP vg & gf

8

A warming, ayurvedic bowl made with red lentils, coconut milk & curry.

### PEA, MINT & COCO SOUP vg & gf

7

A vibrant green bowl of goodness made with coconut milk. Get your veggies in!

### YIN & YANG AUBERGINE vg

11.5

Marinated in miso, served with homemade delicious hummus, roasted chickpeas & some pita bread.

### HALOUMI & PUMPKIN SALAD gf

12.5

With mint, hazelnuts, spinach dukkah & micro greens. Made with love.

### STICKY TEMPEH BOWL vg & gf

14

A Bali inspired bowl filled with bimi, white coconut rice, smashed avo, peanut sauce & other fresh veggies.

#### LABNEHLOVE

12.5

Creamy & dreamy Middle Eastern yoghurt topped with pine nuts, dates, caramelized onions, fresh mint, za'atar & chili oil. Served with pita bread.

#### W/ASABI CRUNCH BURGER

17.5

Just a really good 'Beyond Meat' burger on a brioche bun with kimchi mayo, cheddar, pickles, tomato & lettuce. Served with French fries.

Add veggie bacon: + 2 | Add a sunny side up: + 1.5 | Vegan cheese: + 1

### **BIG CHEESY TOASTY**

12.5

With 2 sunny sides up & veggie bacon. Good for hangovers. Just saying! Vegan cheese: + 1

### KIMCHI TOASTY

10

Melted cheese & kimchi, a golden duo. Spice up your day & dip it in ketchup or mayo. Up to you! *Vegan cheese:* +1

snacks	from 12 to 16	( <u>Friday to Su</u>	unday until 18!)
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BUFFALO CAULI WINGS vg & gf Crunchy, fried & seasoned cauliflower bites with fresh & homemad pepper mayo.	10 le red bell	HOMEMADE BANANA BREAD vg Ana's secret recipe. A love story.
HOTDOG HAPPINESS  A veggie dog in a bun served with ketchup, mayo, crispy onions &	<b>9.5</b> pickles.	CINNAMON ROLLS ask for availability Don't miss out on them when they're in. A pure treat.
BITTERBALLEN vg Veggie goodness served with mustard, mayo or vegan mayo, your	8.5 choice!	PECAN CARAMEL FLAPJACK A slice of heaven.
THE ULTIMATE NACHOS vg & gf With fresh homemade guacamole, vegan homemade cheese sauc		LEMON MERENGUE PIE When life gives you lemons, make
melted vegan cheddar, tomato salsa & lime soy yogurt. A dream co	15.5	RED VELVET PIE Great for celebrations, Celebrate life, always!
A mix of hummus with crudités & pita bread, crispy chickpeas, over roasted cherry tomatoes, olives & smoked almonds.  •		MARZ BITE vg & gf - from SUE Chocolate & caramel vibes. Like an actual 'Mars', but healthy.
FRENCH FRIES Served with normal, truffle (+1) or vegan mayo. Top it off with Parmesan flakes & truffle mayo? +2	5.75	FLOWER BITE vg & gf - from SUE Cheesecake vibes. With real flowers on top, Summer on a plate.
SWEET POTATO FRIES Served with normal, truffle (+1) or vegan mayo.	6.75	CARROT CAKE vg With fresh cream cheese frosting & coconut vibes. Love at first bite.  DATE & COCO BLISS BALL vg & gf
Top it off with Parmesan flakes & truffle mayo? +2  PITA BREAD WITH DIPS vg	7	A perfect, little post-yoga class snack.
Served with 2 types of homemade hummus: original & beet!		

# sweets, pies & cakes all day long

4.5

5.25

4.75

5

5

4.75

4.75

5.5

2.5

## evening bar bites from 16 to 20.30 (from Sunday to Thursday)

BITTERBALLEN Veggie goodness served with mustard, mayo or vegan mayo, your o	8.5 choice
PITA BREAD WITH DIPS vg Served with 2 types of homemade hummus: original & beet!	7
KALAMATA OLIVES vg & gf To accompany your drink, a small snack full of flavor.	5.5
ROASTED & SMOKED ALMONDS vg & gf An almond a day, keeps the doctor away. Right? Or nut. Whatever!	4.5
SALTY POPCORN vg & gf Great with a beer or kombucha. Just saying.	3

## pre-yoga dinner from 16 to 20.30 (from Sunday to Thursday)

### SWEET POTATO SOUP vg & gf

8

A warming, ayurvedic bowl made with red lentils, coconut milk & curry. Add toasted bread: +1

### PEA, MINT & COCO SOUP vg & gf

8

A vibrant green bowl of goodness made with coconut milk. Get your veggies in!

Add toasted bread: +1

# take-away



Good to know: our complete menu can be ordered for take-away! Just pass by or give us a call for a pick-up at 010 - 310 79 53 to place your order.

# allergy info

/g = vegan

gf = gluten free (may contain traces)

Gluten free bread? +2 (15 min. extra waiting time)

## group reservations

We take reservations as from 6+ people with special group menus! In case you're interested, please send us an email at hello@kula.nl & we'll make the magic happen & provide you with more info.

# juices & shots

Fresh Ginger Shot	3.5
NEW! Coconut Water organic	6.7
Chocolate Protein Smoothie	6
Cacao, peanut butter, hemp seeds & coco yog	hurt
Golden Mango & Turmeric Smoothie	6
Mango, lime, turmeric & coco yoghurt	
NEW! Beat It Juice cold pressed	5.5
Beet, carrot, ginger, lemon & apple	
Super Green Juice cold pressed	5.5
Spinach, cabbage, romaine lettuce, lime, lemoi	7,
celery, cucumber & parsley	
Apple Juice organic	3.2
Fresh Orange Juice	4.5

# coffee

Americano	3.2
Espresso	3
Double Espresso	3.4
Cappuccino	3.5
Flat White	4
Latte	3.7
Latte Macchiato	3.8
Iced Coffee	3.3
Iced Latte	3.7
Latte Macchiato Iced Coffee	3.8 3.3

Extra shot: + 1

We use organic cow's milk. Plant based milk: + 0.5 our options are oat, pea & coconut milk

## tea

Fresh Gin	ger <i>or</i> Mint <i>or</i> Winter Tea	4
Yogi Tea	& Clipper	3.3
Choose a	flavor from the box, we've got many!	

# special drinks

Hot Chocolate vg	3.8
Whipped cream: + 0.5 vg	
Chai Latte	4.5
Matcha / Golden Latte	4.5
Babycino	2

# soft drinks

Coca Cola / Cola Zero	3.2
Bain Kombucha – Ginger	5.7
Bain Kombucha – Oolong Green Tea	5.7
Charitea Green	4
Bundaberg Ginger Beer	4.7
Spicy Mango Soda	4.5
Passion Fruit Soda	4.5
Fever Tree Tonic	3.8
Good Jamu tropical turmeric soda	5.5
Kids Lemonade	2
Mineral Water - Still / Sparkling	3.2

## mix drinks

Mimosa – Cava with Fresh Orange Juice	8.5
Bobby's - Gin & Tonic	10
Aperol Spritz / Elderflower Spritz cocktails	9
Seedlip – Gin & Tonic alcohol free	9

# Wine all wines are vegan & organic

Rosé – Neleman 'Tempranillo'	6.5
Bottle price: 30  White – Neleman 'Sauvignon & Macabeo'  Bottle price: 27	5.7
White – Neleman 'Just a fucking good wine'  Bottle price: 34	7
Red – Neleman 'Tempranillo Monastrell'  Bottle price: 27	5.7
Red – Neleman 'Just a fucking good wine'  Bottle price: 34	7
Cava – Neleman 'Brut'  Bottle price: 30	6.5

## beer bottled beer

Lowlander Earth Lager	4
Lowlander Earth 0.3%	4
Oedipus – 'Strip white beer	6
Oedipus – 'Thai Thai' triple	6
Oedipus – 'Mannenliefde' saison	6
Oedipus – 'Gaia' IPA	6

